

NAESS SHIPPING PHILIPPINES, INC.



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Greetings from NSPI!



Photo: Iza Vanessa Mendoza

First of all we, at NSPI would like to greet everyone a Happy New Year!

It has been a tradition all over the world to celebrate new year. It is a time where colorful fireworks display fills the sky; a time where families gather together to welcome the coming of the year. It is a season for celebration.

A lot of things that comes into our minds when new year comes. It is both the beginning and the end. Beginning of a new chapter as the last one ends. To some who may have felt like they have failed in the past year, it is the beginning of a new life, it is where they get their “mulligan”

where they can start all over again and hopeful of getting things right this year. Or “*Bagong-buhay*” is how we, Filipinos would often say. More than just starting a new and hoping to get things right, is the commitment most of us make to change our former way of life for the better and thus making new year’s resolutions and or goals. But it doesn’t really matter how you started the race (whether you have a whole lot of new year’s resolutions and or goals on your list) but how you finished it, having something to look back from where you had been to where you have gone. Some makes it through half the year, some are really determined to find themselves at the finish line. Either way, we wish you all a happy and fruitful year.

“It is only when people are touched in their brokenness that healing comes”

Love Beyond Reason

NAESS Cares goes to Cagayan de Oro



December last year, Tropical Storm Sendong (international name Washi) hit Northern Mindanao mainly affecting Iligan and Cagayan de Oro City. *“the storm hit in the middle of the night, and affected an unprepared population that had no flood warning system in place, the death toll was tragically high.”* - www.abs-cbnnews.com.

In the heat of the event, when you surf the net you’ll see devastating photos of properties that was almost left to nothing, dead bodies both young and old buried in the mud brought about by the flood.

In response, NAESS Cares, the Charitable arm of NSPI in partnership with **NSPI employees and seafarers** and **Sloman Neptun Schiffahrts**, did an outreach to the victims of Sendong in Cagayan de Oro by sending NAESS Cares representative, Ms. Tashi Almo to deliver the goods to the affected area last 19-21 January.

The committee prioritized our staff and seafarers who have been affected by the calamity, as Mr. Gomez would always say, *“Charity begins at home.”* The Committee, in coordination with our Crewing Section identified the seafarers who have been affected and coordinated with Ms. Tashi.





Ms. Tashi, upon arrival



Our Seafarers & their families who have been affected by the flood



Day 1 and Day 2 of the outreach.

Through your giving, we are able to send Ms. Tashi Almo to Cagayan de Oro delivering packed goods for 150 individuals. Each bag consist of Clothing, Blanket, Underwear, Mosquito net, Detergents, Medicines, and Foods that are easy to prepare.

We would like to thank everyone who partnered with us in making this outreach possible. May the good Lord bless you with a good measure, pressed down, shaken together and running over to be poured out in your lives. Together, we can make a difference!



Target Setting Workshop



Last 28 January and 3 February, NSPI Managers and Supervisors attended a Target Setting Workshop, as part of the Management Review Part 2 which is the setting of objectives of each respective Sections/ Departments. NSPI invited a resource speaker in the person of Mr. Jerome James Arriola.

Day 1 was the setting of expectations on the workshop and the lecture proper on how to set targets. He has also prepared a group activity where each group was given a goal of creating a robot. Each body parts has a corresponding price and has to be purchased. Each team needs to raise enough money to be able to buy the complete set, members of each team has to give up things like shoes, jacket, cell phones, shirts, pants etc. which also has a corresponding amount. After which, each team gets to evaluate what went wrong, what was done best and what was learned. On day 2 of the workshop is the presentation of the new targets, where the speaker get's to critique each set targets and made some suggestions on how to improve it to be more effective.



Valentines Day



The Management took all the office personnel out for lunch on 14 February at Casino Español de Manila in celebration of Valentines Day.



Yummy dessert



Main Course



Happy Valentines!

"There is a kind of love that is attracted to status and wealth and beauty. We Understand that love. We see it everyday. But there is a kind of love that creates value in that which is loved. There is a love that takes rag dolls like you and me and loves us beyond all reason."

~ Love Beyond Reason~

Seafarers Trainings/Seminars

“If you are planning for a year, grow rice. If you are planning for twenty years, grow trees. If you are planning for centuries, grow men.”

~from an old Chinese proverb



Last 3 February, the **Personality Development** for Officers was held, facilitated by Mr. Oscar Gonzales, with 21 attendees from different principals. Participants were given an activity where they were divided into two groups. Both are tasked to build a ship out of the materials provided: newspaper, popsicle sticks and adhesive tape. The catch is that one group as they do the task is allowed to talk, interact with

one another how they would build the ship while the other group is not allowed to talk at all. After which they get to evaluate how the activity went for each group having the same goal with the same materials and probably the same means but one can communicate with each other while the other group can not.



06 February 2012, the three-day **Advance Cooking Course for Chief Cooks** was conducted at Chef's Den Institute with six (6) participants.

The first two days of the course were the lecture proper and on the 3rd day was the hands-on cooking.



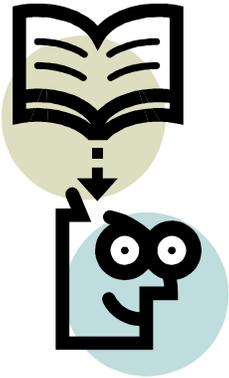
NSPI Official Facebook Account

In view of the growing number of facebook users to date, NSPI have recognized it as a powerful tool in marketing because of its viral effect. And the free use of it is another plus.

We are officially launching NSPI's official facebook page, where everyone can **check out and get updated** on the latest news and events of NSPI. Photos, newsletters and some announcements on upcoming activities will be posted so keep checking!



<https://www.facebook.com/pages/Naess-Shipping-Philippines-Inc/151976861581319>



Mind Exercise

Answers to the puzzles from the previous issue:

Puzzle 1

The logician is at the tee junction which means he had come thru one road to a point where two more roads fork ahead to the village. Now he is at a point where there are three roads one of which he has come from and knows for sure that road doesn't go to the village. He now needs to find out about the other two roads to reach to the village. The logician asks one simple question to the bystander showing the three roads that :Out of the three roads which are the roads that do not go to the village? If the by stander is a truth-teller he will say the truth showing exactly two roads that don't go to the village including the one the logician as come along and the logician will know he is telling the truth and take the third road to go to the village . And if the bystander is a liar then he'll show only one road which actually goes to the village as the road not going to the village. So the logician knows that there are two roads which don't go to the village as he has come from one road which doesn't go to village so this bystander is a liar and will take the road shown by the bystander to reach the village! That's how the logician reaches the village!

Puzzle 2

The man is a dwarf. He can't reach the upper elevator buttons, but he can ask people to push them for him. He can also push them with his umbrella.

SUDOKU Puzzle

This is probably a very familiar puzzle but for those who have not yet played this, here's the how-tos:

The objective is to fill a 9×9 grid with digits so that each column, each row, and each of the nine 3×3 sub-grids that compose the grid (also called "boxes", "blocks", "regions", or "sub-squares") contains **all of the digits from 1 to 9**. You may also want to time yourself while doing the puzzle and see how fast you are at solving this. Have fun! :-)

3	1	2		9	5		7	6
5		9	1		7		8	2
4		7	2	6	3	5		
9			7			2	4	
	2	8		1			9	3
	3		9	8	2		5	7
	4	5	6				3	1
1	7		3	5	8	9		4
8		3	4	2		7		5

Something to keep...

Seven Habits of Highly Effective Leaders

By Arnold Anderson

Develop good habits to be an effective leader.

To be an effective and respected leader, you must develop good habits in dealing with people, both peers and subordinates. Effective leadership means being able to react quickly in pressure situations.

Listen

There is a difference between hearing people and listening to them. You can hear someone without really listening. When you listen, you comprehend what people say and apply their input to your response. An effective leader always listens, whether she agrees with what is being said or not.

Include Others

To lead you need to learn how to include other people in your project planning and execution. You cannot lead when you do things on your own. Show confidence in those around you and you will find that you can get maximum productivity from them.

Inspire Others

Effective leadership involves the ability to motivate and inspire people to action. You need to find out what people are looking for in a situation and use that as a catalyst to inspire them to follow you.

Make a Commitment

Leaders make examples of themselves by committing to their cause or project. By remaining committed to a cause, a leader gives others a model to follow, and that can be a powerful way to inspire loyalty and passion.

Display Honesty

A leader is honest with the people whom he relies on to get the job done. There may be points at which a leader has to sacrifice the truth to motivate someone to do something the leader knows can be done, but in the overall scheme a leader must present the truth to remain respected.

Show Foresight

Leaders have foresight, which can also be described as having vision. When a group sets out on a project, all of them may not completely understand how to reach the goal. An effective leader knows the result he wants, and he understands the process that needs to be taken to get that result.

Learn

A good leader understands that she does not know everything there is to know and that learning is essential to personal and professional growth. As a leader you should attempt to learn something new every day to broaden your knowledge base and to let others know that you are open to new experiences.

Source: www.eHow.com