

NAESS SHIPPING PHILIPPINES, INC.



Greetings from NSPI!



Work Relationship Program. NSPI Office personnel with Resource Speakers, Mr. Jerome Arriola & Ms. Mao Cardenas

In the Management's effort to strengthen the bonds of its employees and thus promoting harmonious working environment, the Work Relationship Program was held last 24 March 2012 at NAESS Training rooms in partnership with Center for Management Innovation.

A plenary was held for the morning session, where office employees were given a piece of paper to write down three (3) unique questions about themselves that they wouldn't mind answering if it were to be asked from them.

Two circles were then formed - the inner and the outer - in the inner circle were the managers and supervisors and the outer circle were the staff.

On the facilitator's cue, everyone would take one step clockwise or counter clockwise. Whoever would be paired up would then start a conversation using the three questions as their guide. It went on until everyone has had a chance to get to know each other.

After the ice breaker we moved on to another activity where the participants are divided into three (3) groups. Each group were given building blocks. The mechanic of the activity is that each group will have a model to copy using the building blocks. Each group assigned a looker, a runner and an observer.

The looker was the only one allowed to see what the model blocks looked like. His job was to describe to the runner what he saw or how it looked like.

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And then the runner would relay the message to the team so they could start building the blocks. The observer just observed how each team works.

For group 1, the runner can as well go to the team to relay the instructions the linker had given but the team cannot communicate with the runner and vice versa. They can however communicate with each other.

For group 2, only the team can go to the runner to ask for instructions, the runner can communicate to each of them but the team cannot communicate with each other.

Instructions for group 3 was that that runner can go to them and describe what the linker had pictured out. Each team can communicate with one another and they can communicate with the runner as well.

It was a fun activity being able to learn a lot of lessons particularly the importance of communication, cooperation and coordination in getting a job done.

Groups 1 and 3 were able to build the model blocks assigned to them though not 100% copied while group 2 was only able to build half of the model blocks assigned to them.



Group 2. each team can only communicate with the runner but cannot communicate with one another.

Group 3. open communication between the runner and the team and vice versa, and among the team itself.



Group 1. open communication between the team members but cannot ask anything from the runner. The runner can only give instructions.



Gas Course

Attended by 27 SNS officers last 23 April 2012 at the Century Park Hotel, Manila.



Company Outing 2012

NSPI had a four-day sea-trip to the island of Coron, Palawan for its company outing and shipboard familiarization last 27-30 April 2012 onboard Kapitan Felix Oca (KFO).



Shipboard Familiarization held by Capt. Jorge Dela Cruz and two other cadets on the first night on board the vessel.

For more photos visit <https://www.facebook.com/pages/Naess-Shipping-Philippines-Inc/151976861581319>

Amazing Palawan...



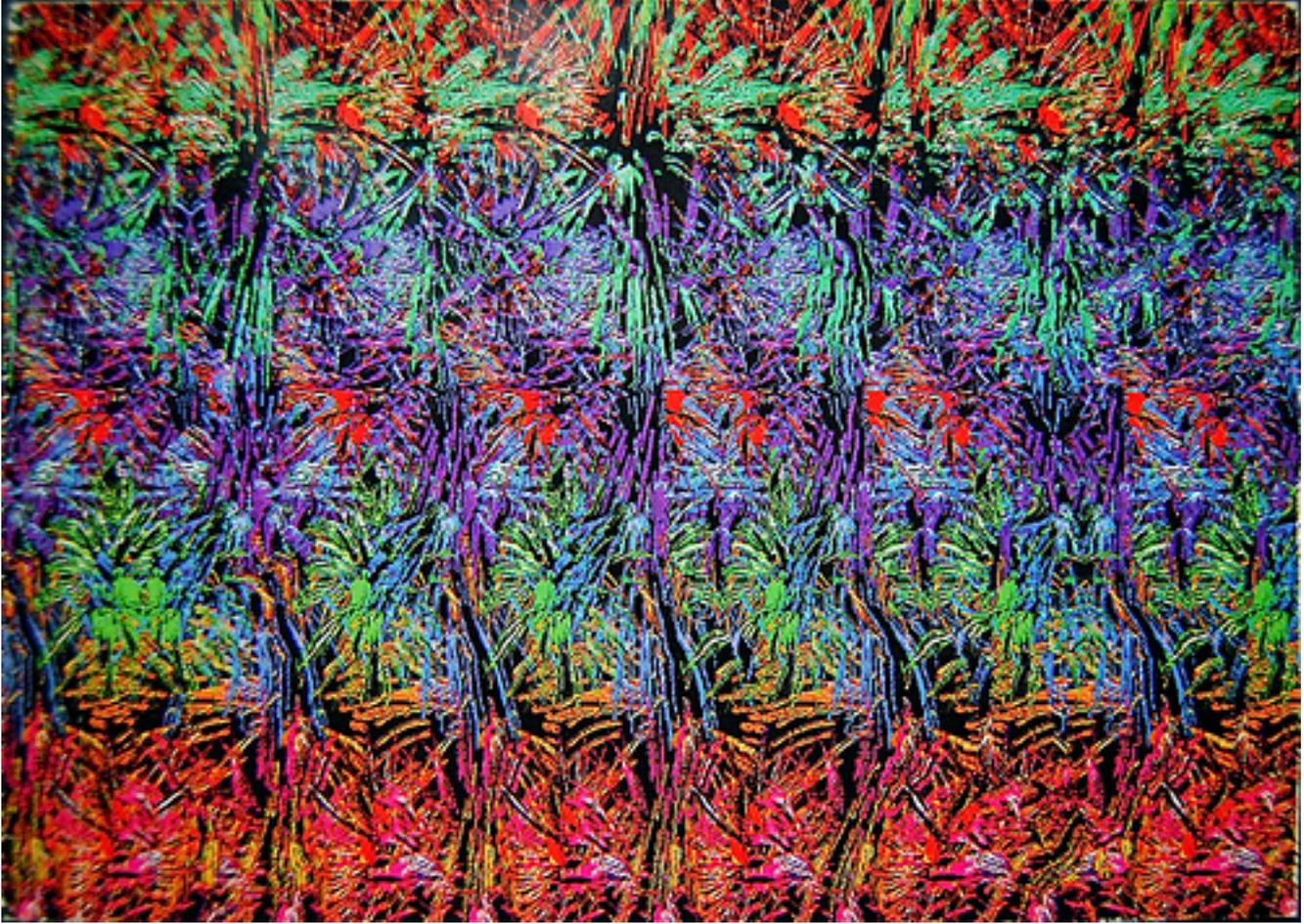


Amazing People...



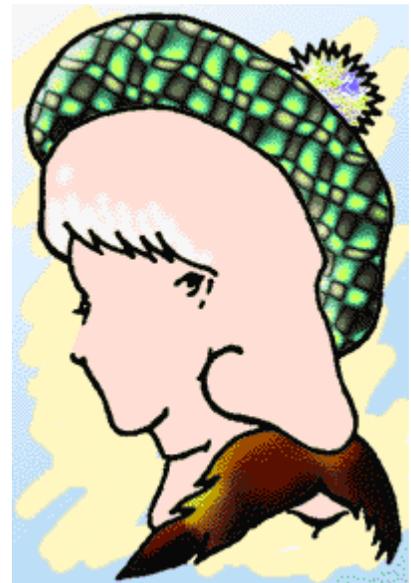
What do you see?

Optical illusion. Basically, what we see is an abstract image. Here's what we are going to do: stare closely at the picture for about 30 seconds and slowly move away from it. You should see the face of the Statue of Liberty.



The Picture on the left is a man at first glance. But if you would look at it again it is actually a word "Liar". Did you see it?

The Picture on the right has three faces: a woman and two men. Did you see them?



Something to keep...

Don't just live, have a reason to live!

Don't just live, have a reason to live! How many of us just go through the motions of living. We get up every morning, get ready for work, or go looking for work. We may take a mid-morning break and go back to work or searching. Then there's lunch and maybe a mid-afternoon break. We go back to work or our job search. When the work day is done, we may run some errands before going home, have dinner, maybe spend time with the family and then wind down and relax, sometimes. Then it's off to bed. Then we wake up the next morning and begin the daily cycle all over again.

The weekends may be a little different. We could spend more time running errands and socializing with family and friends. We may go to a church service or participate in some type of entertainment if we are financially able to do so. Or, we may just spend the whole weekend relaxing after a long, hard work or job searching week. The weekend ends, then we repeat this weekly cycle, again and again for months and years.

Have you ever stopped and asked yourself, is this really what life is all about? Is this the reason why I'm on this planet? Surely there has to be something more to life than this! Of course there is. A life without a sense of direction or purpose is a shallow and unfulfilled life. Do you have something to live for? What are you doing to help someone less fortunate than you? What kind of positive impact are you making on future generations? What will be your legacy when you leave this world? Even if you are making an impact, there's always more to do, a greater impact to make.

We are all born with innate talents, gifts, skills and abilities. There are so many people and so many things in this world that need your time, effort, focus, gifts and skills. Each and every one of us has something positive to give to this global community. The more time you spend on your cause, the more meaningful and fulfilling a life you live. This can turn your everyday monotony of a life into a beautiful jewel that you long to polish and brighten throughout your life. This can also help you in your job or career, or in finding a job. So as you move forward in your life's journey, make it worth living. So that long after you are gone, your impact is felt, and lives are still changed.

Don't just live, have a reason to live! Make it happen today.

<http://www.inspirationalnuggets.net/inspirational-nuggets-blog.html>

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